

ALEXANDRA HINES
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EDUCATION

- University of Kentucky**, Lexington KY 2021-present
Doctoral Program in Clinical Psychology
GPA: 4.00/4.00
Mentors: Thomas A. Widiger, Ph.D., Shannon Sauer-Zavala, Ph.D., and Matthew W. Southward, Ph.D.
- University of Kentucky**, Lexington KY 2023
M.S. in Clinical Psychology
GPA: 4.00/4.00
Mentor: Thomas A. Widiger, Ph.D.
- University of Georgia**, Athens GA 2021
B.S. in Psychology, Summa Cum Laude, with Honors
Minor in Criminal Justice Studies
Major GPA: 4.00/4.00, Cumulative GPA: 3.98/4.00
Mentors: Joshua D. Miller, Ph.D., L. Stephen Miller, Ph.D., and Courtland Hyatt, Ph.D.

AWARDS AND HONORS

- UK Psychology Summer Research Assistantship 2022
UK Department of Psychology Fellowship 2021
UGA Presidential Award of Excellence 2021
David R. Shaffer Excellence in Undergraduate Psychology Research Award, 2nd place 2021
Center for Undergraduate Research Opportunities (CURO) Summer Fellow (\$3000) 2020
Bulldog Vision Award Nominee (UGA Engagement, Leadership, & Service Department) 2020
Phi Beta Kappa Society 2020
Honor Society of Phi Kappa Phi 2019
Psi Chi International Honor Society in Psychology 2019
Donald E. Barnett Essay Award (UGA English Department) 2018
Dean's List 2018
Presidential Scholar 2017
UGA Charter Scholarship 2017-2021
Zell Miller Scholarship 2017-2021

CLINICAL EXPERIENCE

- Jesse G. Harris Jr. Psychological Services Center** 2022-present
Supervisor: Mary Beth McGavran, Ph.D.
- Providing individual evidence-based cognitive behavioral therapy and assessment to adults
- Clinic for Emotional Health Practicum** 2022-present
Supervisor: Shannon Sauer-Zavala, Ph.D. and Matthew W. Southward, Ph.D.
- Conducting diagnostic assessments for a clinical trial testing a new treatment for BPD
- Providing therapy to a participant in a clinical trial testing a new treatment for BPD
- Co-leading group therapy using the UP

PSY 632/633: Clinical Methodology II Practicum 2022

- Learned to administer the DIAMOND, MINI, and SCID-5-PD
- Administered the assessments to undergraduate volunteers as well as a community volunteer, wrote reports, and provided a feedback session

PSY 630/631: Clinical Methodology I Practicum 2021

- Learned to administer the WAIS-IV and WJ-IV
- Administered the assessments to a client at the Jesse G. Harris Jr. Psychological Services Center, wrote an integrated report, and observed the feedback session provided to the client

Neuropsychology and Memory Assessment Laboratory 2020-2021

Supervisor: L. Stephen Miller, Ph.D.

- Learned to administer the MMSE, CVLT, WTAR, ROCF, BNT, WMS-IV Logical Memory I & II and Symbol Span, and D-KEFS Trail Making, Verbal Fluency, & Color-Word Interference Tests for a study that was discontinued due to COVID-19

RESEARCH EXPERIENCE**Psychopathology Laboratory** 2021-present

Mentor: Thomas A. Widiger, Ph.D.

- Defended a master's thesis on the bipolarity of maladaptive personality traits in the AMPD
- Collecting data for a study on identity disturbance as it is defined in the AMPD and its relationship with the FFM
 - o Mentoring a group of seven undergraduates helping with this project in Summer 2023 to help prepare them for graduate school
- Preparing to collect data for a study on the FFM personality profiles of famous psychopaths
- Preparing to factor analyze data collected for a study on the PID-5 as well as selected scales from the EPA, FFHI, FFDI, and FFOCI
- Analyzing data collected for a study on the location of the Depressivity and Suspiciousness facets in the AMPD trait model

Treatment Innovation for Psychological Services (TIPS) Laboratory 2021-present

Mentors: Shannon Sauer-Zavala, Ph.D. and Matthew W. Southward, Ph.D.

- Will coordinate a study conducted in collaboration with UK Psychiatry in Fall 2023-Spring 2024
 - o Duties will include coordinating patient visits, tracking patient progress through treatment, and randomizing patients in a multi-arm treatment study of patients with mood and anxiety disorders
- Writing a manuscript for a *PDTRT* special edition on DSM-5 Section II- vs. AMPD-defined personality disorders
- Contributed to a NIMH grant application entitled "Engaging Higher-Order Mechanisms of Psychopathology: A Parsimonious Approach to Precision Medicine" by Drs. Sauer-Zavala and Southward
- Interviewed potential undergraduate research assistants

CURO Summer Fellowship 2020

Mentors: Joshua D. Miller, Ph.D., and Courtland Hyatt, Ph.D.

- Paid summer fellowship to conduct an exploratory factor analysis examining the general and pathological personality correlates of precipitants to sexual misconduct
- Carried out a literature search, received hands-on training in statistical analysis, and defended research findings

Personality Studies Laboratory

2019-2021

Mentor: Joshua D. Miller, Ph.D.

- Served as a project manager for a meta-analysis of meta-analyses to empirically assess the external validity of studies conducted on undergraduate research participants
- Coordinated two studies by training research assistants, organizing schedules, and fielding issues
- Gained research literacy skills and exposure to various methodologies such as informant reports, test-retest protocol, and multi-method self-report assessments
- Assisted in study development and acquired in-depth content knowledge about personality

Neuropsychology and Memory Assessment Laboratory

2020-2021

Mentor: L. Stephen Miller, Ph.D.

- Conducted a study on personality, impulsivity, and attentional set-shifting in older adults

TEACHING EXPERIENCE

- Summer 2023: Teaching Assistant – Forensic Psychology (Online)
- Spring 2023: Teaching Assistant – Research in Personality
- Fall 2022: Teaching Assistant – Experimental Psychology

PEER-REVIEWED PUBLICATIONS

1. Widiger, T. A., **Hines, A.**, & Crego, C. (in press). Evidence-based assessment of personality disorder. *Assessment*.
2. Widiger, T. A., & **Hines, A.** (in press). Personality disorders. In H. Friedman (Ed.). *Encyclopedia of mental health* (3rd ed.). Kidlington, Oxford: Elsevier.
3. Widiger, T. A., & **Hines, A.** (2022). The Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition Alternative Model of Personality Disorder. *Personality Disorders: Theory, Research, and Treatment*, 13(4), 347–355. <https://doi.org/10.1037/per0000524>

OTHER PUBLICATIONS

1. **Hines, A. H.** (2018). “Does John Donne Dream of Electric Sheep? The Role of Art in *Do Androids Dream of Electric Sheep?*” *First Year Composition Guide: University of Georgia 2018-2019*.

CONFERENCE PRESENTATIONS

1. Southward, M. W., Stumpp, N. E., Semcho, S. A., Fruhbauerova, M., **Hines, A.**, & Sauer-Zavala, S. (2023, November). It’s not how many skills you use, but how often you use them: Predicting session-to-session reductions in BPD features in a novel CBT for BPD. In E. Waite & K. L. Dixon-Gordon (Chairs), *The who, what, and how of regulating emotions in borderline personality disorder*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

CONFERENCE POSTERS

1. **Hines, A.**, Southward, M. W., Sauer-Zavala, S., & Widiger, T. A. (2023, April). *Bipolarity of maladaptive personality traits in the Alternative Model of Personality Disorders*. Poster presented at the annual meeting of the North American Society for the Study of Personality Disorders (NASSPD), Waltham, MA.
2. **Hines, A. H.**, Jean, K. R., & Miller, L. S. (2021, April 13). *Attentional set-shifting moderates the relation between openness and impulsivity in a sample of majority white American older adults*.

Poster presented at the Center for Undergraduate Research Opportunities (CURO) Virtual Symposium, Athens, GA.

3. **Hines, A. H.**, Hyatt, C. S., & Miller, J. D. (2020, August 4). *An examination of the relations between personality and proximal attitudinal precipitants of sexual aggression*. Poster presented at the Center for Undergraduate Research Opportunities (CURO) Virtual Symposium, Athens, GA.

INVITED TALKS

1. **Hines, A.** (2023, March). Forensic psychology & crime and aggression. Invited Talk, University of Kentucky, Lexington, KY.

AD HOC REVIEWER FOR

- *Personality and Mental Health*
- Web of Science: <https://www.webofscience.com/wos/author/record/ISU-7340-2023>

WORKSHOPS & PRESENTATIONS

Panelist

- **Graduate School Application Workshop** by Dr. Lynda Sharrett-Field 2023

Attendee

- **Introduction to Data Visualization in R** by Dr. Michael Hallquist 2023
- **Essential DBT Skills for Suicidal Individuals and the People that Care for Them** by Dr. Shireen L. Rizvi 2023
- **BPD Compass: Introductory Workshop** by Dr. Shannon Sauer-Zavala 2023
- **Introduction to Multilevel Modeling** by Drs. Daniel J. Bauer and Patrick J. Curran 2022
- **Group Iterative Multiple Model Estimation** by Dr. Katie Gates 2022
- **Neuroticism: A Framework for the Assessment & Treatment of Emotional Disorders** by Dr. Shannon Sauer-Zavala 2022
- **Applications of Nosology** by Drs. Jack Hettema and Shannon Sauer-Zavala. Moderator: Jennifer Tackett. Hierarchical Taxonomy of Psychopathology (HiTOP) Virtual Conference. 2022

CERTIFICATIONS

- Advarra University OnCore Training 2023
- UK OnCore Training 2023
- UK Epic Training 2023
- UK HIPAA Compliance Training 2023
- Collaborative Assessment/Management of Suicidality Course 2022
- CITI Certification - Basic Social & Behavioral Research 2021
- CITI Certification - Responsible Conduct of Research 2021
- MRI Safety Training 2020
- Clinical Dementia Rating Scale Rater Certification 2020

MEMBERSHIPS

- Association for Behavioral and Cognitive Therapies (ABCT) Personality and Personality Disorder (P/PD) Special Interest Group (SIG) 2023-present
- North American Society for the Study of Personality Disorders (NASSPD) 2023-present

STATISTICS AND DATA SKILLS

- R
- SPSS
- CloudResearch/TurkPrime
- REDCap
- Qualtrics Survey Design
- SurveyMonkey Survey Design
- Sona Systems

SERVICE**UK Psychology's Diversity, Equity, and Inclusion (DEI) Committee** 2021-2023*Leadership Subcommittee (2022-2023)*

- Co-wrote a grant application to the Inclusive Excellence Student Program
 - o The purpose of the application was to request funds for a peer mentorship and workshop series for freshmen and sophomores from backgrounds that are underrepresented in academics/psychology
- Assist with setting meeting agendas, facilitating discussion, disseminating information about our committee's work to the larger department, and developing metrics to develop committee efficiency
- Committee leadership positions are chosen by the larger group and serve for a one-year term

General Body Member (2021-2022)

- Help with DEI-related goals such as decolonizing syllabi, disseminating resources, increasing transparency across the department and in admissions, and diversifying the pathway to research-related careers

Graduate Student Assistant Coordinator

2023

- Helped coordinate schedules and organize panels for prospective students during the clinical psychology program interview week for the 2023-2024 application cycle

University of Georgia Honors Program

2017-2020

Honors Ambassador

- Recruited new students to the UGA Honors Program by serving as a panelist alongside other Honors students and professors during formal Q&A sessions

University Union Student Programming Board

2017-2020

Vice President of Internal Affairs (2019-2020)

- Managed two coordinators who assisted me with my role
- Recruited and retained members by sending weekly emails to ~3,300 subscribers, leading weekly meetings, planning events, recognizing outstanding members, and coordinating banquets and socials
- Improved events by sending out surveys after each event and supervising data analysis

Coordinator for Member Relations (2018-2019)

- Enhanced membership in University Union by assisting the Vice President of Internal Affairs with talking to prospective members at events and leading engaging meetings

EMPLOYMENT**University of Georgia Honors Program**

2018

Student Worker

- Worked with a team to orient ~745 new Honors students to UGA by helping them create their class schedules

- Ensured efficiency within the Honors Program by proofreading magazines, transcribing interviews, helping at fundraising opportunities, filing documents, and directing phone calls